

### Checklist for Severity of Strained Contact (CSSC)

Indicate the number that best reflects the current level of strained parent-child relationship after separation after divorce for each of the eight dimensions below

**1= Mild** *Staphylococcus aureus* *Staphylococcus epidermidis*

**2= Moderate**

**3 = Severe**

|   |   |
|---|---|
| <b>1. Parental conduct</b>  |   |
| Minimal interference / badmouthing  | 1 |
| Episodic interference / badmouthing   | 2 |
| Psychologically abusive parental conduct related to mental health issues and interference   | 3 |
| <b>2. Attitude of favoured parent</b>   |   |
| Parent values the child's relationship with the other parent, but displays misguided protective behavior (e.g. fearful of the possibility of future harm which is not based on an accurate account of the probability of harm)                                      | 1 |
| Parent's overprotective behaviour undermines the child's relationship with the other parent (e.g. genuinely believes the child is at risk of future harm despite repeated investigations or evidence that demonstrates that the risk of future harm is improbable). | 2 |
| Intentionally severing child's relationship with other parent but names it as protection despite investigations or evidence that demonstrates that the risk of harm is unfounded (false allegations of abuse)   | 3 |
| <b>3. Rigidity of child's perceptions towards his/her parents</b>   |   |
| Child values relationship with both parents, but occasionally displays unjustified discomfort   | 1 |
| Child reactions are mixed, confused or inconsistent   | 2 |
| Rigid and extreme child reaction to rejected parent   | 3 |
| <b>4. Frequency of parent-child contact</b>   |   |
| Minor interruptions of parent-child of contact (e.g. late, occasional missed visits)  | 1 |
| Contact is sporadic, infrequent and/or delayed  | 2 |
| No contact between child and rejected parent  | 3 |
| <b>5. Duration of strained relationships</b>  |   |
| Situational and infrequent strain   | 1 |
| Pattern of missed opportunities for parent-child contact  | 2 |
| Chronic parent-child disruptions  | 3 |
| <b>6. Interparental history of rigidity</b>   |   |
| Parents are generally flexible but with incidents of rigidity   | 1 |
| Parents are generally rigid but situations of flexibility   | 2 |
| One or both parents are inflexible in their position taking (e.g. behaves out of principle rather than interest)  | 3 |
| <b>7. Responsiveness to treatment as suggested</b>  |   |
| Receptive (attends, demonstrates behavioural change, follows through with suggestion, homework), to treatment to improve parent-child relationships   | 1 |
| Attends treatment but sporadically and/or with minimal success  | 2 |
| Refusal of treatment / Previous attempts for treatment unsuccessful   | 3 |
| <b>8. Compliance with court orders</b>  |   |
| Compliant with court orders   | 1 |
| Inconsistent compliance with court orders   | 2 |
| Disregard for court orders / Violates orders by the court   | 3 |