

MENTAL HEALTH & JUVENILE DELINQUENCY

Presented by:
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DIFFERENT THAN ADULTS

- ◉ Brain Development (Dr. Laurence Steinberg)
- ◉ Presentation of symptoms (irritability vs sadness)
- ◉ Impulsivity tied to delinquent behavior
- ◉ Behavior “problems” tied to mental health
- ◉ Familial genetics
- ◉ Medications work differently
- ◉ Tied to identity
- ◉ Technology
- ◉ Bullying
- ◉ Simply haven’t done this before

RED FLAGS

- ◉ Mood changes
- ◉ Intense feelings
- ◉ Behavior changes
- ◉ Difficulty concentrating
- ◉ Unexplained weight loss
- ◉ Physical symptoms
- ◉ Physical harm
- ◉ Substance abuse

(www.mayoclinic.org)



WHO TO CONSULT?

- Don't forget the client (expert on him/herself)
- Child's doctor
- Parents, family, friends
- School & teachers
- Therapists
- Attorney, social workers, investigator, GAL
- Treatment providers



SERVICES & RESOURCES

- ◉ Doctor referrals (child's insurance)
- ◉ Schools are biggest support (IEP, behavior plans)
- ◉ Community mental health services
- ◉ Substance abuse treatment providers
- ◉ Peer support
- ◉ Bring in treatment to support client and family

LIMITATIONS

- ◉ Working within the family dynamics
- ◉ Working within the systematic dynamics
- ◉ “Relapse” is part of recovery/progress
- ◉ Lack of resources!



CASE STUDY



FORENSIC SOCIAL WORK

- Forensic social work is the application of social work training to questions/issues relating to law/legal systems.
- ADC attorneys - bring a forensic social worker to the team



WHAT DOES A FSW DO?

- ◉ Collaboration with all legal team members
 - ◉ Consistent client engagement
 - ◉ Mental Health assessment
- ◉ Comprehensive Bio-Psycho-Social Reports
- ◉ Investigation and Assessment of Mitigation Themes
 - ◉ Advocacy
 - ◉ Skill assessment/Skill Building
 - ◉ Treatment Recommendations
 - ◉ Re-entry planning

RESOURCES

- ◉ Maria Droste Services (MDS) - www.mariadroste.org- 1355 S Colorado Blvd. #100, Denver, CO. 303-756-9052. Offers individual, marriage and family counseling, medication management on a sliding scale.
- ◉ Emily Griffith Opportunity School - <http://eghs.dpsk12.org>- offers high school classes for those who are still under 18 and a technical college for young adults.
- ◉ Choices in Living Counseling Center - www.choicesinlivingcounselingcenter.com- located in Wheatridge, Golden & Westminster. Provides outpatient mental health services for families, individual and group. Some parenting classes and drug/alcohol counseling available. Sliding scale.
- ◉ AB Counseling - www.abcounselinginc.com- Lakewood, CO. 303-237-3599 Contracts with DOC, Human Services, Parole Board. Provides CBT, DV treatment, drug/alcohol eval/treatment, relapse prevention, sex offender treatment, parenting classes, marriage/family counseling.
- ◉ The Road Called Strate - www.theroadcalledstrate.com- Aurora, CO. 303-360-9176. Works with ex juvenile offenders. Variety of outpatient services.
- ◉ Alcoholic Anonymous - www.aa.org- Call 303-322-5636 for local meeting info. 24-hour hotline 303-322-4440
- ◉ Suicide Prevention Hotline - www.suicidepreventionlifeline.org- 1-800-273-8255(TALK)

RESOURCES CONTINUED

- ◉ Mental Health America (Andrew Romanoff) - pro bono therapists
- ◉ DFI = Denver Family Institute (student therapists)
- ◉ MHCD = Mental Health Center of Denver
- ◉ Hope House (Longmont) - housing program for teen moms
- ◉ NAMI - <https://www.nami.org/>
- ◉ NIDA - <http://teens.drugabuse.gov/>
- ◉ SAMHSA - <http://www.samhsa.gov/>
- ◉ Urban Peak (homeless services)
<http://www.urbanpeak.org/>
- ◉ Community Centered Boards
(developmental/intellectual disabilities)
<https://www.colorado.gov/pacific/hcpf/community-centered-boards>

QUESTIONS?

- [illegible]



CHAINED VOICES

Come see drawings, paintings, poetry, lyrics, sculpture and other creative artworks by artists arrested as juveniles and now incarcerated in juvenile and adult facilities in Colorado.

When:

March 4th | **4 - 8pm**

March 5th | **10am - 1pm**

Where:

Art of Life Gallery
800 S. Jason St
Denver, CO 80223



Join us the first weekend of March for the **Chained Voices** art show!



**COLORADO JUVENILE
DEFENDER CENTER**
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