



Creative Treatment Options  
- Behavioral Healthcare -

# MRT and Substance Abuse Treatment

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# **PRESENTATION TOPICS**

- **Hare Psychopathology**
- **Continuum of Psychopathology**
- **Nature vs. Nurture**
- **DBT**
- **Male and Female Differences**

- **Thinking Errors**
- **Top 10 List**
- **Criminal Thinking Patterns**
- **MRT**
- **SSC**

# Criminal Conduct Presentation

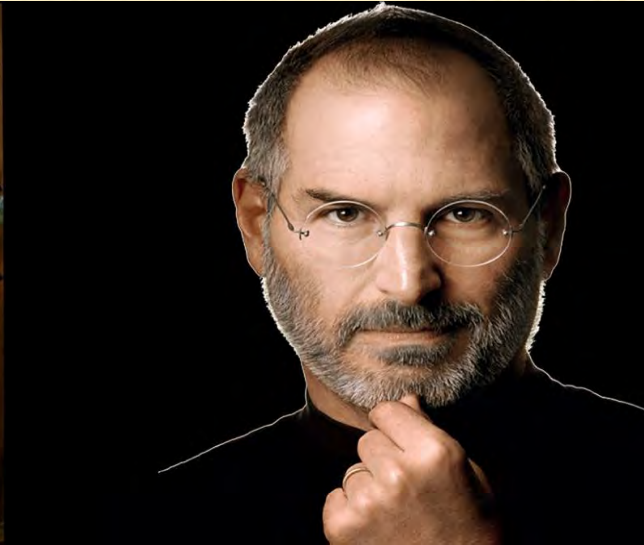


# **DIAGNOSTIC ISSUES**

**Hare Psychopathy  
Checklist Revised  
Factor 1 and Factor 2**

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# CONTINUUM OF PSYCHOPATHOLOGY



# HOW DOES THIS HAPPEN?

## Nature or Primary

### Brain Research

Emotional Disorders

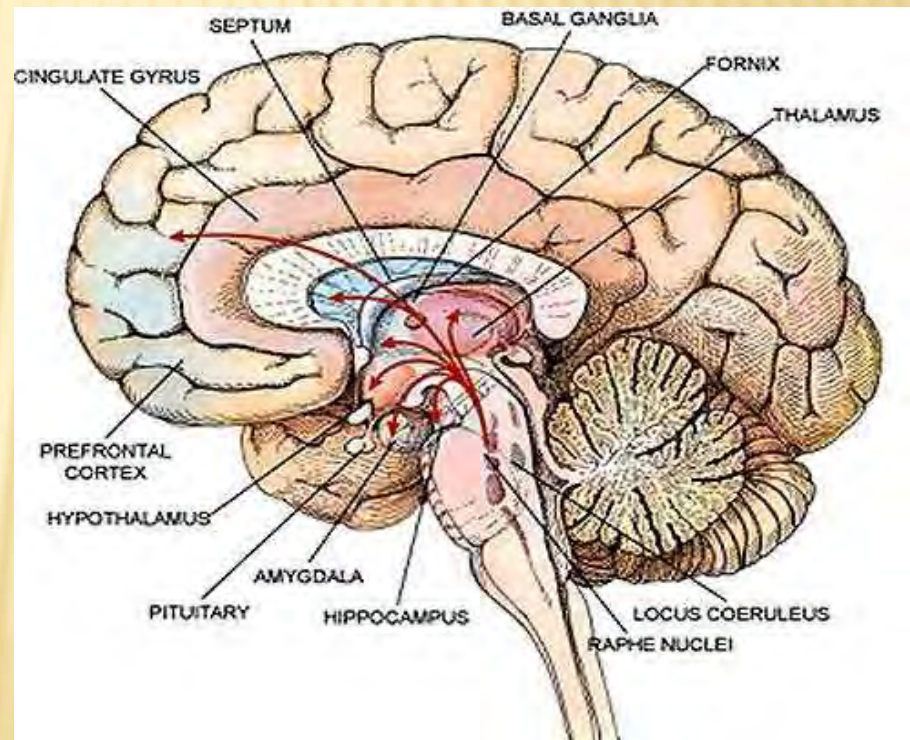
Mirror Neurons

Amygdala

More Dopamine

Prefrontal Cortex

Sense of Smell



# HOW DOES THIS HAPPEN?

## Nurture/Nature

### Attachment Styles

Secure 65%

Avoidant 20%

Ambivalent 10-15%

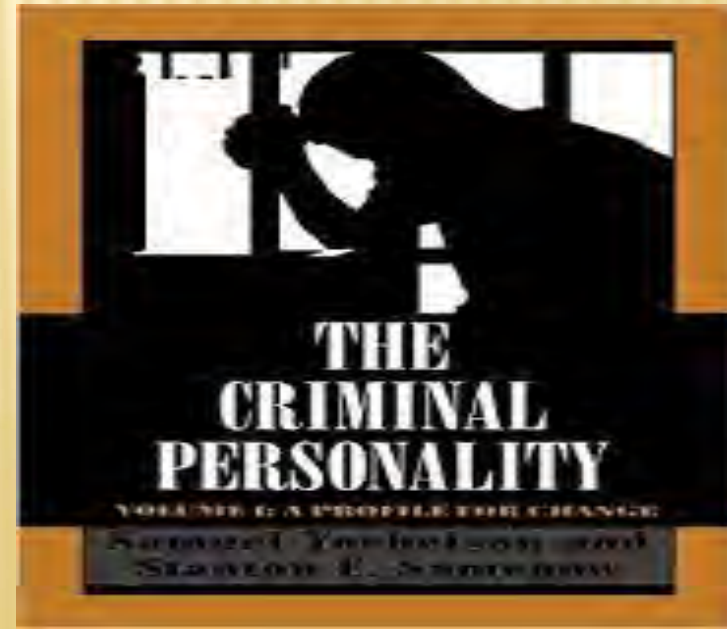
Disorganized 10-15%



# WHAT ARE CRIMINAL THINKING ERRORS

## MAJOR FACTORS

- **Antisocial/pro-criminal attitudes and values**
- **Pro-criminal associates and isolation**
- **Temperamental and personality factors**
- **History of antisocial behavior**
- **Family patterns**
- **Low asset levels**



# WHAT ARE CRIMINAL THINKING ERRORS

## MINOR FACTORS

- **Environmental origins**
- **Personal distress**
- **Other indicators**



# Top 10 List

## #1: CRIMINAL THINKING ERRORS & THEIR CORRECTIONS

### **Closed Channel Thinking**

**Not responsive. Not self critical.  
No disclosure. Good at pointing  
out and giving feedback on  
faults of others. Lies of  
omission.**

### **Correction**

- **Active listening**
- **Self-criticism**
- **Regular disclosure**

# Top 10 List

## #2: CRIMINAL THINKING ERRORS & THEIR CORRECTIONS

### Victim Stance

Views self as victim. Blames others

### Correction

- Take personal responsibility for every action and outcome.

# Top 10 List

## #3: CRIMINAL THINKING ERRORS & THEIR CORRECTIONS

### **Views Self as a Good Person**

**Focuses only on his/her positive attributes. Fails to acknowledge their destructive behavior.  
Builds up at others expense.**

### **Correction**

- **Honest and balanced self-disclosure**

# Top 10 List

## #4: CRIMINAL THINKING ERRORS & THEIR CORRECTIONS

### Lack of Effort

Unwilling to do anything they find boring or disagreeable. “I can’t” meaning “I won’t”.

### Correction

- Push oneself to do the difficult

# Top 10 List

## #5: CRIMINAL THINKING ERRORS & THEIR CORRECTIONS

**Lack of interest in responsible performance**

**Only has concern for easy and quick gratification. Impulsive decision making.**

**Correction**

- **Accept or tolerate delay, trouble, or suffering without getting angry or upset**

# Top 10 List

## #6: CRIMINAL THINKING ERRORS & THEIR CORRECTIONS

### **Lack of Time Perspective**

**Does not use the past as a learning tool. Expects others to act immediately on their demands. Decisions on assumptions not facts.**

### **Correction**

- **Develop goals**
- **Learn from the past**

# Top 10 List

## #7: CRIMINAL THINKING ERRORS & THEIR CORRECTIONS

### **Fear of Fear**

Has irrational fears but refuses to admit them. Profound fear of put downs. When held accountable experiences “zero state” – feels worthless.

### **Correction**

- Use fear as a guide

# Top 10 List

## #8: CRIMINAL THINKING ERRORS & THEIR CORRECTIONS

### Power Thrust

Compelled need to be in control of every situation. Uses manipulation and deceit. Refuses to be independent unless they can take advantage of the situation.

### Correction

- Put oneself in another's position
- Identify how you are controlling others

# Top 10 List

## #9: CRIMINAL THINKING ERRORS & THEIR CORRECTIONS

### Uniqueness

Different and better than others. Expects of others that which they fail to meet. Super-optimism curbs the fear of failure. Quits at the first sign of failure.

### Correction

- Understand commonalities with others
- Push through what feels like failure

# Top 10 List

## #10 CRIMINAL THINKING ERRORS & THEIR CORRECTIONS

### Ownership Attitude

Perceives all things, people, and objects to possess. No concept of ownership, rights of others. Sex for power and control – not intimacy.

### Correction

- Understand the ripple effect of possessive behavior

We must take  
Responsibility  
for our  
**Minds**  
and our  
**Actions**

creativity@thinkingspace

# Inside the Criminal Mind

## Criminal Thinking Patterns

Self Indulgence

No Regard for Consequences

Interpersonal Intrusiveness

Social Rule Breaking

Manipulation

Grandiosity

Parasitic Lifestyle

# CRIMINAL AND ADDICTIVE THINKING PATTERNS

## **CRIMINAL THINKING PATTERNS**

- **Victim Stance**
- **“Good Person” Stance**
- **“Unique Person” Stance**
- **Fear of Exposure**
- **Lack-of-Time Perspective**

## **ADDICTIVE THINKING PATTERNS**

- **Self-Pity Stance**
- **“Good Person” Stance**
- **“Unique Person” Stance**
- **Fear of Exposure**
- **Lack-of-Time Perspective**

What Is

**M**MORAL

**R**RECONATION

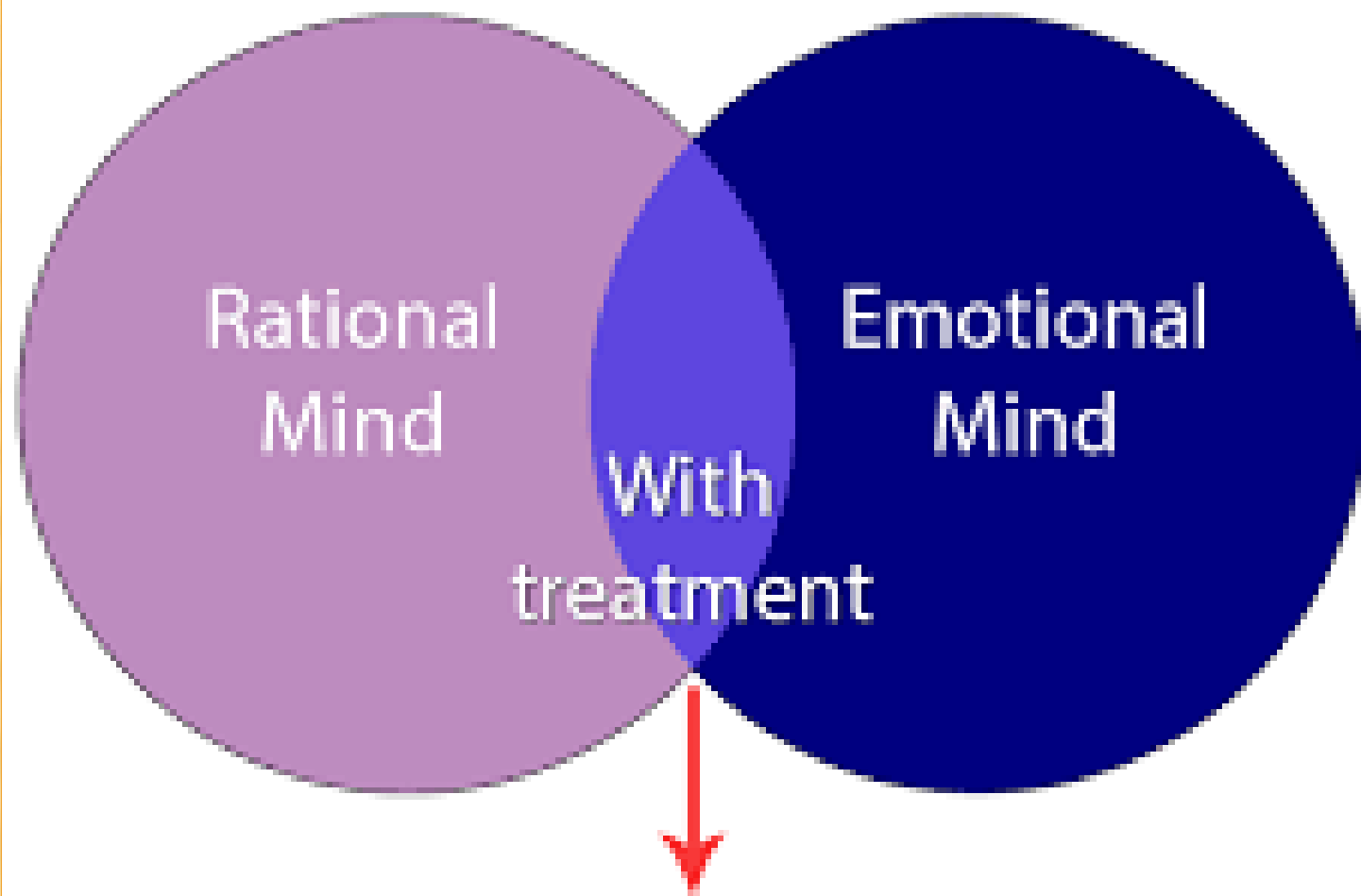
**T**THERAPY™

# SUBSTANCE ABUSE TREATMENT Strategies for Self-Improvement and Change

*pathways to responsible living*



# Dialectical Behavior Therapy



Creates a Wise Mind

<http://www.meridian-treatment.com>

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# MALE AND FEMALE DIFFERENCES

# CONCLUSION

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**Thank You**